Highgate Care

KINDNESS IS KEY

Clipstone Hall & Lodge

Mansfield

Highgate Care

Lancaster House, Lancaster Road, Carnaby, Bridlington, YO15 3QY

Tel: 01262 673457 **Email:** info@highgatecare.co.uk **Web:** www.highgatecare.co.uk

Highgate Care
KINDNESS IS KEY

A Warm Welcome from the Highgate Care Team

At Highgate Care, we realise that starting to think about moving into a residential home can be a difficult and emotional decision. We are committed to supporting you to make this change and we are ready to give you the warmest welcome within the Highgate care residential home of your choice.

We will take time to get to know you as an individual, understand your needs and preferences, whilst also promoting your personal happiness and wellbeing. We will do all we can to make your move comfortable so that you start to feel at home quickly. We will also get to know your family so that we can support them too.

We will always take time to listen to you and encourage you to participate in decisions regarding the care requirements. We value your voice and will support you to make a comment or complaint, so we can resolve any concerns and continue to support your physical and emotional health needs. We will help you create a comfortable and personalised bedroom where you can relax, rest and sleep whilst having the option to use our comfortable lounges, within the home, to socialise with other residents and enjoy time with family and friends.

Our priority is to provide you with a place you can call your home where you receive personalised care that is underpinned with respect and kindness.

The Highgate Care Team

Clipstone Hall & Lodge

Mansfield Road, Clipstone, Mansfield, NG21 9FL

Tel: **01623 636010**
info@clipstonecare.co.uk

Located in the small ex-mining village of Clipstone, our purpose-built home is situated in the shadow of the Grade II listed colliery headstocks and just a short drive from **Mansfield**.

Each of our **90 en-suite bedrooms** is furnished to a high standard offering residents comfort and tranquillity.

Providing **independence and choice** is an important part of care, and one of the reasons we try and encourage residents to personalise their rooms with their own belongings to help them **feel at home**.

We believe that life at Clipstone Hall and Lodge should include **great care** in a warm, safe and friendly environment.

"At Clipstone Hall and Lodge we want our residents to lead as full and active life as possible"

Home Manager

"A wonderful place. I have been well looked after. The food is beautiful and very well presented. I would recommend to anyone."

Resident

Highgate Care
KINDNESS IS KEY

Highgate Care

All **Highgate Care** residents are supported to live an active and fulfilled life.

Our **person-centred care** ethos puts resident's health and wellbeing central to everything, providing truly personalised care.

The facilities at Clipstone Hall and Lodge allow residents to enjoy other everyday routines that **promote independence**, from relaxing in the communal lounges, watching a film in the **cinema room** enjoying the **gardens** and views of the surrounding countryside to utilising the **beauty salon** or meeting friends in the **café and bar area**.

Our home has a busy activities timetable, built around the key goals of promoting good physical and mental health.

Activities include arts and crafts sessions, gardening, exercise classes, cinema nights, quizzes, musical performances, and pamper sessions.

Each activity is designed to maintain life skills to ensure our residents have a sense of purpose and self-worth. There are a great variety of activities to try, with new activities added regularly.

'We believe Clipstone Hall and Lodge will be the perfect choice for you. Our dedicated care team work closely with all our residents, to encourage them to take part in activities that are tailored to their needs based on their lifestyle preferences …'

Our in-house chefs prepare nutritious food from fresh, using seasonal produce that's locally sourced where possible, catering for all dietary needs.

They provide a mix of delicious options including traditional classic meals, resident's favourites and exciting international cuisine.

Dementia Friends
An Alzheimer's Society initiative

Clipstone Hall & Lodge is proud to be part of the Dementia Friends campaign and other charities to support research on what practices best support people living with dementia.

Key information:

Clipstone Hall and Lodge

Highgate Care
KINDNESS IS KEY

HOME DETAILS

Home address:	Clipstone Hall and Lodge Care Home Mansfield Road Clipstone Mansfield NG21 9FL
Contact information:	01623 636010 info@clipstonecare.co.uk www.highgatecare.co.uk
Size of home:	90 beds over 3 floors

TYPES OF CARE

Residential care	Dementia care	Respite care	Day care

FACILITIES AND SERVICES

- 90 single rooms - all with en-suite facilities.
- Nurse call to all rooms and communal areas.
- All rooms furnished (own furniture welcome but must meet British safety standards). Residents are encouraged and supported to personalise their room.
- All male unit.

Shared facilities:

- Welcoming café bar
- Hair salon and beauty room
- 5 dining rooms
- 4 lounges
- Various additional seating areas
- Assisted bathrooms on all floors
- 3 Quiet lounges
- External seating to gardens, patio and gazebo

Services available:

- Delicious, nutritious menus with specialist diets catered for
- Residents and Relatives meetings
- Meaningful activity programme designed in consultation with our residents
- Links with various community worship groups
- Themed home events
- Regular trips out
- Guest speakers and external entertainers welcomed
- Beautiful local area with lots of outside space

Key information:

Clipstone Hall and Lodge

Highgate Care
KINDNESS IS KEY

FUNDING ARRANGEMENTS

- **Self-funding** residents accepted
- **Local Authority** residents accepted

Fees: Self-funding fees

- **Weekly fees** - are subject to the funding category, the level of care and support required, and your choice of room.

- **Day care** - please speak to us about what you need. We can tailor a day care package to suit individual needs and fit in around your requirements.

All fees are subject to a full pre-admission assessment of an individual's care requirements in order to fully understand the level of care and support required for each person.

Please note: a third party contribution may be required to meet any shortfall in funding.

What your fees cover:

- Room fees and utilities
- Meals and all refreshments
- Your personalised care package
- Room cleaning and personal laundry
- Television licence
- Wi-Fi
- Activities programme

What your fees do not cover:

- Hairdressing and beauty treatments
- Personal toiletries
- Newspapers and magazines
- Personal clothing
- Dry cleaning
- Telephone lines and private calls
- Guest meals
- Chiropody services
- Optical services
- Continence wear not provided by the NHS
- Dentistry

Pets policy:

Pets are accepted in-line with our pet policy and in agreement with the Home Manager.

Sample Activities Schedule

	Morning	Afternoon
Monday	**Group Reminiscence Sessions** Get to know each other and discuss times gone by with friends and a drink.	**Pet as Therapy/Community Visits** Regular visits from our friends in the community (Kindergarten/Schools) or our four legged friends.
Tuesday	**Hair & Hands** The home hairdresser visits to provide pampering for the residents.	**Bingo** Regular or musical bingo is always popular.
Wednesday	**Crafting Sessions** A range of seasonal crafts from painting and flower arranging to try.	**Entertainer Visit** Singers, magicians, puppeteers, musicians - we've had them all.
Thursday	**Quiz Time** General knowledge and themed quizzes to keep the mind active.	**Games Afternoon** Skittles, beanbag throwing, hoopla, darts or ball catch.
Friday	**Knit & Natter** An opportunity to be creative and enjoy a chat with friends.	**Friday Movie Night** Lights, camera, action with popcorn and friends.
Saturday	**Bake Off Time**	**Chair Exercises** Armchair based gentle exercise session to help reduce stiffness, and improve mobility and circulation.
Sunday	**Sunday Worship** A visit from the local church.	**Board Games & Dominoes** Classic board games such as snakes and ladders, cards, frustration or a few round of dominoes.

Sample Menu Choices

Allergies and intolerances
Please speak to staff about the ingredients in the meal when making your order.
Staff will ensure diet notifications are completed and submitted to the kitchen as necessary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee	Cereals and Porridge Cooked Breakfast Bread and Butter/Toast Choice of Conserves Yoghurt, Mousse Fresh Fruit Fruit Juice, Cordial, Milk, Tea or Coffee
Lunch						
Roast Beef/Pork with Yorkshire's and Stuffing -- Roast and Mashed Potatoes -- Broccoli, Cauliflower and Carrots -- Gateaux	Steak Pie -- Gammon -- Selection of Vegetables -- New Potatoes or Chips and Salad -- Jam Roly Poly and Custard	Poached Cod -- Mince and Dumplings -- Mashed Potatoes -- Cauliflower and Peas -- Chocolate Sponge with White Sauce	Chicken in Leek and White Sauce Lasagne -- Mashed Potatoes or Chips and Salad -- Selection of Vegetables -- Rice Pudding	Chicken and Leek Pie -- Pork Steaks in Mushroom Sauce -- Vegetables and Mash -- Peach Crumble with Ice Cream / Cream	Battered Fish, Fish Pie or Egg and Chips Mushy Peas -- Jacket Potato with Ham and Salad -- Victoria Sponge Cakes	Cold Meat Salad with Beetroot and Coleslaw -- New Potatoes -- Sausage Casserole Carrots and Peas -- Rice Pudding
Dinner						
Soup of the Day -- Assorted Sandwiches -- Omelette/Poached Egg and Spaghetti on Toast -- Scones with Jam and Cream	Soup of the Day -- Selection of Sandwiches -- Corned Beef Hash/ Hashpot -- Victoria Sponge Cake	Soup of the Day -- Selection of Sandwiches -- Quiche and Potato Croquets with salad -- Jelly and Ice Cream	Soup of the Day -- Assorted Sandwiches -- Omelette/Poached Egg and Spaghetti on Toast -- Scones with Jam and Cream	Soup of the Day -- Selection of Sandwiches -- Chicken Bites, Wedges and Beans -- Arctic Roll	Soup of the Day -- Selection of Sandwiches -- Jacket Potato with Ham, Salad and Pickles -- Fruit Flan	Soup of the Day -- Selection of Sandwiches -- Omelette with Bacon, Tomato and Beans -- Cheese Cake

Highgate Care

KINDNESS IS KEY

Highgate Care Vision & Values Statement

KINDNESS IS KEY!

We are providers of professional residential, nursing, dementia and complex care in Yorkshire, the North East, North Lincolnshire and Staffordshire.

We are committed to delivering good quality care and promoting positive outcomes for all residents. Our care home teams believe that kindness is the key ethos to providing personalised care, where residents feel safe within a caring and supportive environment that is their home.

Our staff aim to make a positive difference everyday to the lives of our residents. Overall we aim to promote an inclusive, compassionate and collaborative care home culture where we respect the individuality and identity of everyone who lives, works and visits our care homes.

Our Core Values:

Kindness is Key: We ensure kindness is at the heart of our care to residents and the support given to our care teams, our families and each other.

Celebrate quality care: Residents can expect to receive good quality care delivered by our care teams.

Make a positive difference every day: We make a positive impact to enhance the lives of our residents each day.

Respect individuality & identity: We value each person's individuality and celebrate diversity by creating welcoming and inclusive care homes where everyone can be their self.

If you are interested in finding out more about **Highgate Care Homes**, maybe for yourself or a family member then please arrange to visit us, look around, meet our care team and see how you feel.

We look forward to welcoming you and further information is available on our website: www.highgatecare.co.uk

Highgate Care

KINDNESS IS KEY

We are determined to provide quality person-centred care by employing caring, passionate people.

Our colleagues work closely with our residents, their loved ones and medical professionals to ensure individual tailored care is delivered, meeting their needs and preferences.

With a person-centred approach at the heart of everything we do, we aim to provide compassionate care and support whilst encouraging fun, fulfilling and vibrant lifestyles.

Our homes are designed to incorporate specialist facilities balancing modern and homely furnishings to make residents feel safe and comfortable in their new home.

Highgate Care
Lancaster House, Lancaster Road, Carnaby, Bridlington, YO15 3QY
Tel: 01262 673457 **Email:** info@highgatecare.co.uk **Web:** www.highgatecare.co.uk